



CFCI Community Update 5/26/23

Message from Co-Directors, Kim McCormick & Susan Graziano

Dear CFCI Families,

On Monday is a national holiday - Memorial Day, where we take time to remember and honor the soldiers who have died in our nation's wars. Thank you for the sacrifices that families, friends, and colleagues have experienced with the loss of a loved one. We are a grateful community.

As reminders:

1. **EOG TESTING** - This week, Wednesday, May 31st is Reading EOG's and Thursday, June 1st is Math EOG's. Please be sure to have your student here on time, well rested and having had a nutritious breakfast. Remind them to Never Give Up and encourage them to Do Their Best! Your enthusiasm and praise for doing their best can help reduce your child's test anxiety and boost confidence!
2. **ART BY ME** - Your student's original "ART by ME" order form went home on Friday. Because it is later in the school year, they have done a great job of promptly getting the forms to us but we do have an upcoming **firm deadline for ordering: ONLINE ONLY- Sunday, MAY 28th.** This will allow the products to be delivered to school before the last week.
3. **Memorial Day - No School** - A reminder that Monday, May 29th is a Holiday - No School.
4. **Playground Installations** - Well everyone - the end is in sight! We are in the process of scheduling the installation of our new playground equipment on the upper and lower playgrounds for June. Please see the photos below as a reminder of the exciting new structures that will be installed and ready for some serious play in August! Thank you once again to the Partnership for fundraising on



our students behalf. Their contribution helped push us over the top combined with ESSER funding to give our playgrounds much needed equipment on which to play, socialize, and exercise. A great united effort for all!

5. **8th Grade Moving On Ceremony** - Our 8th Grade students will be honored on Wednesday, June 7th at 6pm at a graduating ceremony at CFCI. On Friday, June 9th, our tradition of celebrating our "grads" continues with the "8th grade walkthrough" beginning at 10:30 am. It is sure to be a teary end to an amazing year! If you have questions, please reach out to Cathi Mintz or Kim McCormick.

Please let us know if you need anything to help make the next nine days great ones!

Please make a note of the following:

1. Field Day - June 6th!
2. Upper and Lower Playground Structures!
3. Second Grade Visit to Airlie
4. Animal Explorations in K
5. We love and Appreciate our Volunteers!
6. Weekly Wellness
7. Parents of Rising 7th Grade Students
8. 2023 Junior Seahawk Academy at UNCW!

Have a wonderful week, everyone!

Kim & Susan - Co-Directors

Lisa C, Ben P, & Kelly - Coordinators

Debra & Ben R - Front Office

Field Day - June 6th at Veteran's Park!



Field Day Flyer 23 (1).pdf

[Download](#)

161.1 KB

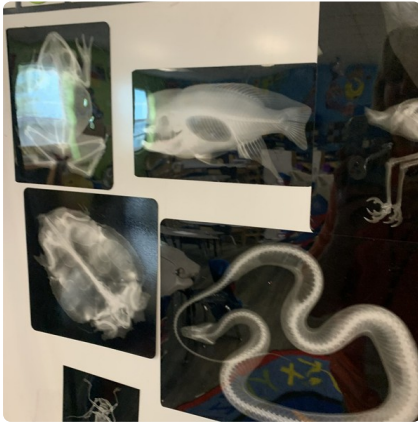
Upper and Lower Playground Structures - Can Hardly Wait
Until August!



Second Grade visit to Airle Gardens



Animal Explorations in Kindergarten - Shark Teeth, Horsehair & X-Rays - Oh My!



We Love & Appreciate Our Volunteers! Thank You for ALL You Do!







Weekly Wellness with Ms. Horne and Nurse Jenn

Positive Talk for Test Anxiety!

Weekly Wellness 5/25/23

Don't stress over EOG's!

It's testing week for 3rd-8th graders, which can create a lot of stress and anxiety for our students. You can help your children cope with the pressure of EOG's by practicing these strategies with them:

- Positive self-talk is one of the best tools students can use during a test. Use the examples from the picture below and ask your child how they would switch those negative thoughts to positive ones.
- Teach your child a breathing strategy, and practice it with them so they are ready to use it during the test if needed. One of my favorite breathing exercises is "5 finger breathing". Students can do it easily at their seat during a test by tracing their finger along their opposite hand. As your finger traces up, slowly breathe in through your nose. As your finger traces down, slowly and quietly breathe out through your mouth.

POSITIVE SELF TALK FOR TEST ANXIETY

"I know I'm going to fail."

I don't know what will happen, but I can try my best.

"I don't understand this, so I'm giving up."

I can do hard things! I will keep trying.

"I'm not as smart as other people."

Everyone has different strengths, but with practice, I can get better!

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Parents of Rising 7th Grade Students

Parents of Rising 7th Grade Students

Students entering 7th grade are required to have one dose of Tdap (tetanus, diphtheria, pertussis) vaccine and one dose of meningococcal conjugate vaccine for individuals who have not already received those vaccines.

An up-to-date immunization record* indicating that your student has received all required immunizations is due by the first day of attendance at school. If proof of immunization is not provided within 30 calendar days after school entry, **your student will not be allowed to attend school until it is provided, as required by law.**

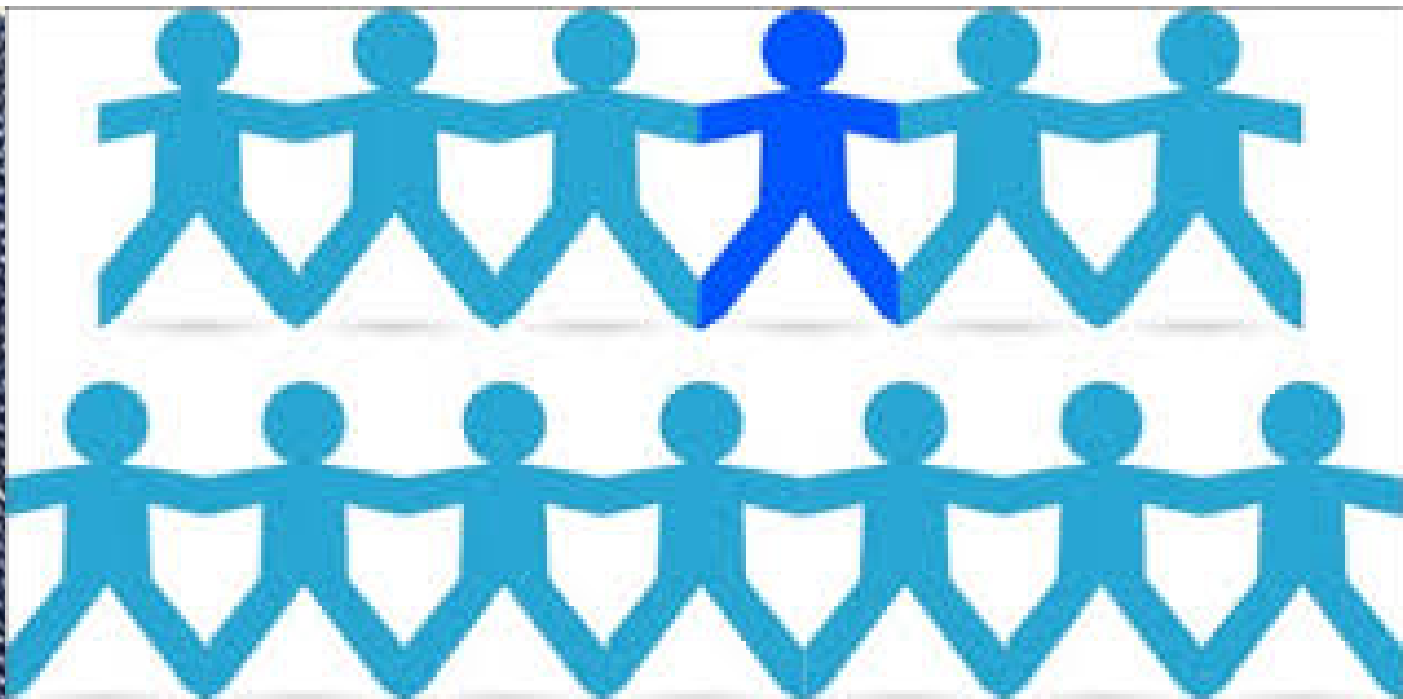
For more information visit: <https://immunization.dph.ncdhhs.gov/schools/k-12.htm>

If you have any questions, please contact Jennifer Ripa at 910-362-0000 ext. 207.

*Immunization records need to be an official certificate or record of immunization. A print out from a healthcare portal will not be accepted.

FOOD ALLERGENS THE BIG-8





2023-24 CFCI Community Calendar

23-24 CFCI Community Calendar Final - YearlyCalendar (6).pdf

[Download](#)

85.1 KB

CFCI Events Calendar

Follow the link and bookmark it so that you can keep up-to-date on events happening at CFCI. We We will add new events as they come up - we hope you like this additional feature to our website. Please direct questions/feedback to dkorb@cfc.net.

Student & Family Handbook

The Student and Family Handbook communicates the expectations, policies, procedures, and practices for our students and families. Please read with your student.

Chromebook Agreement

The Chromebook Agreement communicates the expectations and use of chromebooks for students and families. Pleaes read carefully.

CFCI Organizational Chart 2022-23

Organizational Chart 22-23.pdf

Please click to download the organizational chart for the school.

[Download](#)

120.3 KB

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Cape Fear Center for Inquiry

Cultivating Curiosity since 2000....