

CFCI Community Update 10/7/22

Message from Co-Directors, Kim McCormick & Susan Graziano

Dear CFCI Families,

Hello! And Happy October! We hope you have had a wonderful break and were able to enjoy some of the beautiful weather after our unexpected remote half day on the last day of September! Thank you for helping to make the shift to remote with your children...we don't make these decisions lightly and appreciate your support. As a reminder, **Monday, October 10th is a teacher workday.** Students come back to school on Tuesday, October 11th!

Middle Grades Retreat! This is an exciting week for our middle grades students & teachers as they head out Wednesday for the Middle Grades Retreat at the Betsy Jeff Penn 4-H Camp in Reidsville, NC. Students and teacher teams will participate in research based educational experiences and team building that *"help develop and promote life skills necessary for youth to become productive members of society."*

Say Cheese! Make-Up Picture Days are set for Tuesday, October 18th - See the schedule below!

Please make a note of the following:

1. Smile! It's Picture Days at CFCI 10/18 (Rescheduled and make-ups!)
2. TARDY/LATE CHECK IN, EARLY CHECK OUT, VISITOR and VOLUNTEERS
3. Please add CFCI to your phone contacts
4. Middle Grades Retreat Reminders
5. 4th Grade Grocery Field Trip
6. CFCI Partnership Book Fair - Sign up to volunteer!
7. Partnership Meeting - Tuesday, October 11th at 6:30pm
8. October is Dyslexia Awareness month

- 9. Constitutional Convention - TBD
- 10. Playground Update
- 11. Strategic Planning - PLEASE CONSIDER JOINING US!

Kim & Susan - Co-Directors
Lisa, Ben P, & Kelly - Coordinators
Debra & Ben R - Front Office

SMILE! It's CFCI Picture Day Tuesday, October 18th

CFCI parent, Jenny Ryder will continue taking school photos on Tuesday, October 18th. Due to weather we were unable to finish all the classes. In addition, we have some make-ups that need to happen. Here is the list of classes that are scheduled.

On Tuesday, October 18th a make-up session will take place for the following classes:

- Ms. Shanks
- Ms. Kachadurian
- Ms. Stimson
- Mr. Donley

Students who missed the earlier sessions, may have their individual photos taken too. Photos will be available online for purchase by October 26.



TARDY/LATE CHECK IN, EARLY CHECK OUT, VISITOR and VOLUNTEERS

The (2) Identakid kiosks in the front office are now uploaded with student data and being used.

- After 8:05, when the Tardy sign is in place on the sidewalk, parents are asked to check students in and give the student a tardy slip to take to class.
- If arriving late due to a medical appointment, please bring a note from the doctor.
- When checking a student out and visiting inside the building, please bring a driver's license to print a slip and/or badge.

IMPORTANT: PLEASE ADD CFCI TO YOUR PHONE CONTACTS

Please make sure to add CFCI and the phone number 910-362-0000 to your contacts. Otherwise, "Potential Spam" may appear as the Caller ID on your phone.



Online Payment for Middle Grades Retreat

Middle Grades Retreat (October 12th-14th)

We are excited to start again the tradition of taking our Middle Grades students on a retreat to the Betsy Jeff Penn 4-H camp in Reidsville, NC. Read more about this educational opportunity [here](#). Please make note of the requirements for medications below. We adhere strictly to the guidelines and need your cooperation in order to keep students and adults safe and compliant. Please note the online payment button above for anyone who has not paid for the retreat (the deadline was Friday, September 30th). If you need to discuss payment, please contact the front office. Thank you!



From Nurse Jenn:

For all students attending the Middle Grades retreat, all medications require a Physician's Authorization for Medication at School form to be filled out by a healthcare provider and signed by a parent or guardian. This includes prescription AND over the counter medications.

*Please submit **Physician's Authorization for Medication at School form** no later than Monday, October 10, 2022.*

***Medication must be dropped off** at the school between Monday October 10h at 10 AM until Tuesday October 11th at 2:30PM. Due to protocol for medication collection, teachers cannot accept medications on the day of departure.*

When prescription medication is dropped off, the school nurse or designee will count the number of pills and both the school nurse or designee and parent/guardian will need to initial. Please allow time for this process to take place. Upon pick up from the field trip, if there is remaining medication, it will be counted and returned to the parent/guardian. Both parties will initial the return of medications. Again, please allow time for this process to take place. Parents may not drop medication off in the drop off line. If you are dropping off medication, please park, enter through the front entrance, and ask to see Nurse Jenn.

Prescription medication must be in a pharmacy labeled container with identifying information and administration instructions (e.g, name of student, medication dispensed, dosage, route, time to be given.) If there has been a change in dosage or how your student is to take the medication (administration instructions), an updated pharmacy labeled bottle is required. Pharmacy label instructions and Physician Authorization Form must be in agreement. If possible, only provide the number of pills the student will need for their time on the field trip. Most pharmacies will provide an additional labeled bottle for each prescription.

Over the counter medications must be supplied in original packaging and labeled with the student's name.

One form is needed for each medication.

If you have any questions, please don't hesitate to reach out to me.

jripa@cfc.net

910-362-0000 ext 207

4th Grade Grocery Store Field Trip: Educating Children on Healthy Eating Habits

Enforcing the principles of a healthy, balanced lifestyle to children from a young age will allow for proper growth and development, fostering a positive relationship with food, and form healthy behaviours that will be continued into adulthood. Encouraging children to be involved in their food choices, including choosing recipes, grocery shopping, preparing and cooking meals, and packing their lunches, allows them to feel a sense of independence and control, enjoy what they're eating, learn new skills in the kitchen, develop a taste for new flavors and gain a wealth of knowledge that can't necessarily be learned in a classroom setting.



What would your body say if you ate just the right amount of food at a meal?

Food Lion's team manager, Cindy, and the sales crew really went above and beyond to welcome us! Before we completed our healthy meal plan team challenge, the students got a "behind the scenes tour" of the facility, including the deli, bakery, store room, and the Ice Cream Freezer that was -10 degrees!



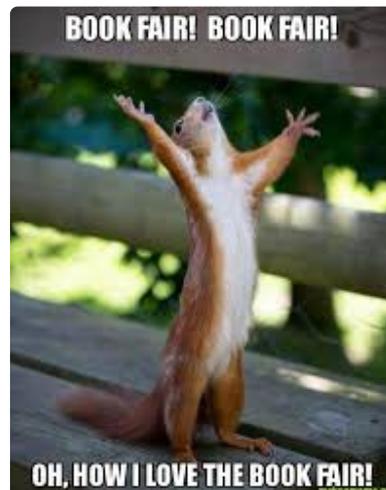
Kids are curious, and teaching them about nutrition can explain why we serve healthy meals at school and encourage them to choose healthy snacks.

Our 4th graders used their knowledge about healthy eating as well as rounding skills to complete the shopping challenge.

CFCI Partnership Fall Bookfair

Please take a moment to sign up for the Partnership Book Fair from Monday, October 17th-Friday, October 21st. At CFCI we believe that we all play a part in increasing literacy in our community. The school and the Partnership work together to enhance the overall reading skills of our children

generating a lifelong love of books through an appreciation of reading, writing, and authors. Please consider signing up to help at the fair and by purchasing books for your children, your child's teacher, or another student in need. Thank you!



Book Fair volunteer sign up

We are so excited you are joining us to volunteer for the fall 2022 book fair at CFCI. Slots are only an hour each so feel free to grab more than one if you can. Thank you!

📧 signupgenius.com

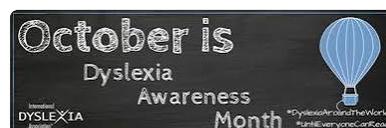
Join US on Tuesday, October 11th at 6:30pm in the MPR - All Welcome!

The Partnership is meeting this coming Tuesday, October 11th at 6:30pm in the MPR - Anyone is welcome to attend our meetings! The Partnership is in the process of organizing events and fundraisers for the year. If you would like to volunteer or learn more about the Partnership, please do not hesitate to reach out. If you have any questions or ideas, please reach out at partnership@cfc.net.



October is Dyslexia Awareness Month

[Curious to know what it's like to have Dyslexia? Click here to experience A Day in the Life of a Child with Dyslexia.](#)



DYSLEXIA ISN'T A DISORDER, IT'S ESSENTIAL TO HOW OUR SPECIES ADAPTS, SAY RESEARCHERS. Dyslexia can make reading and writing difficult, but is also associated with skills such as creative thinking and problem solving. People with dyslexia have

brains that are geared towards exploring the unknown, a trait that's been crucial to the survival and success of humans. Read more about the research in an article from BBC Science Focus [HERE](#).

[October 15: Day of Dyslexia Event with Hill School of Wilmington](#) (Open to the Public with Registration)

Our Constitutional Convention - Date TBD

We will be rescheduling our Constitutional Convention in the next couple of weeks - stay tuned for the update!

Over the past six weeks of school, our teachers have been working in our classrooms to develop rules and expectations that help our students learn and live together. This week, we will finalize our schoolwide rules that have been developed by representatives from each of the classes. After sharing their classroom rules last week, students worked together to decide the schoolwide rules that would best align with their classroom rules and give all students a sense of belonging.

We look forward to creating visible artwork that represents our rules to hang in the hallway of our school. The rules will be presented to the entire school at the end of the week.

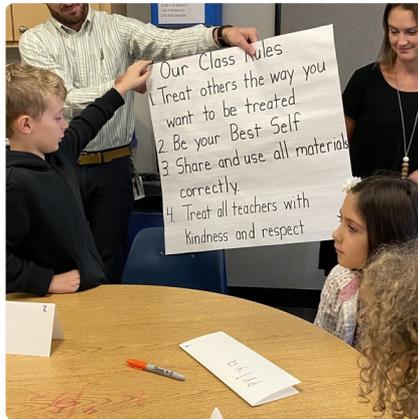
Everyone will sign the rules as a way of committing to the schoolwide rules that have been created. Engaging all of students in the rule-setting process helps them take ownership of the rules. Engaging all of the adults emphasizes for the children the significance of their work.

Together, we are creating a calmer, happier place for learning.



Articulating hopes and dreams

The teacher helps students set goals for the year, often beginning by sharing her/his own goals.



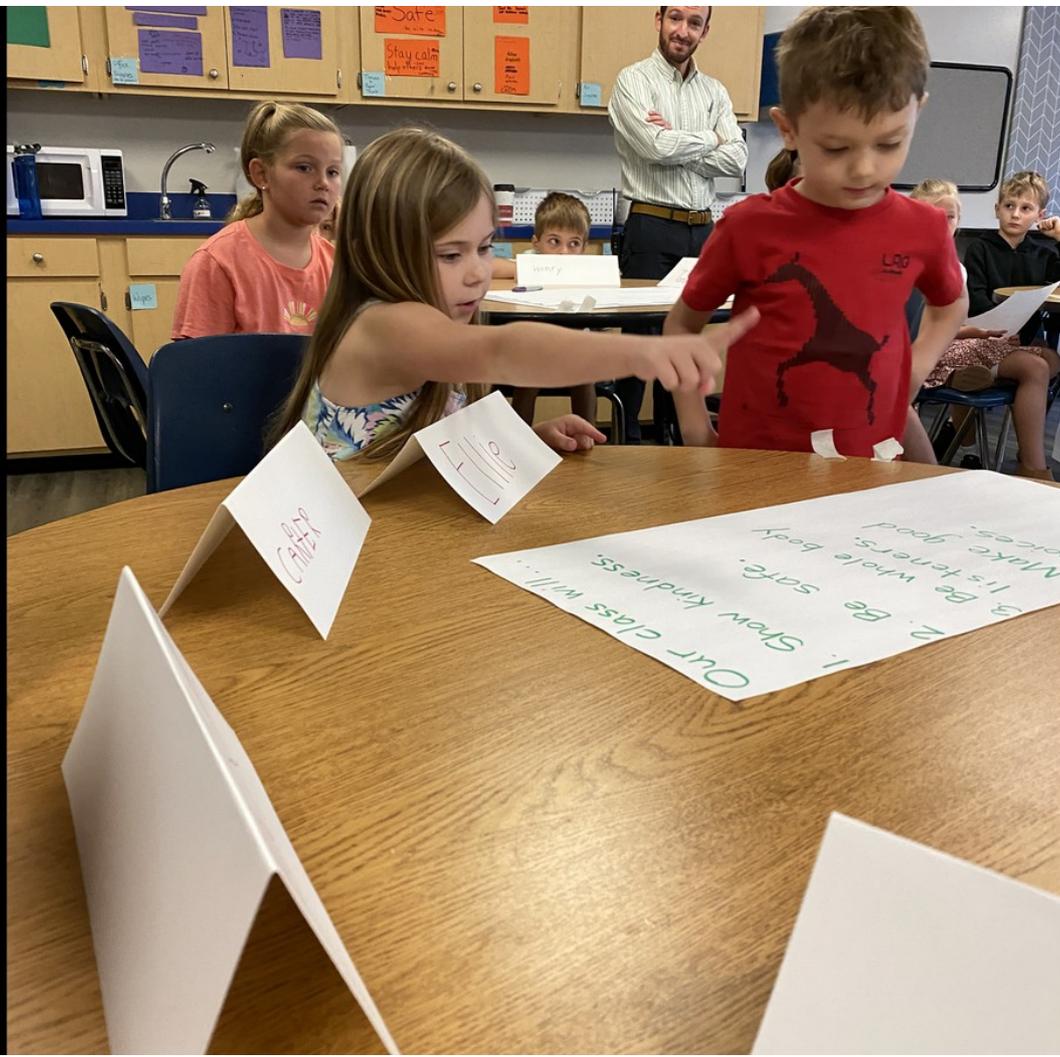
Generating rules

Teacher and students collaborate to generate rules that allow all class members to achieve their hopes and dreams.



Framing the rules in the positive

The teacher works with students to turn rules about what not to do into ones about what to do; for example, "Don't run" might become "Move safely."



Condensing the list

The teacher helps students consolidate their long list of specific rules into three to five broad classroom rules. Students make a poster of the rules and display it prominently in the room.

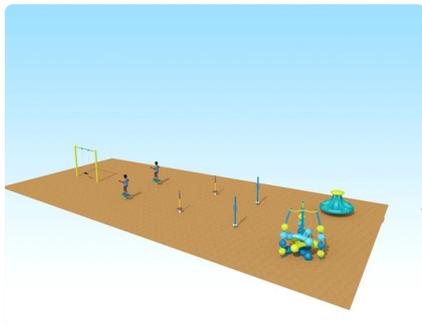
Teachers find over and over that this investment of time and effort is well worth the payoff of calm, productive, and joyful classrooms.

Playground News

The excitement builds as we make final plans to order our playground equipment!



We want to share with you the plans that have been submitted by Bill Ellis for our Upper and Lower Playgrounds. After significant input from our Faculty/Staff, the final designs are well suited for our students to have outdoor spaces that will enrich their one-of-a-kind experiences for play, comfort, and connection. ***We will be using the ESSER PRC - 181 Grant to fund these projects along with money raised through the hard work of the Partnership (Fund the Wonder 2022) and CFCI Educators/Families (Evening Under the Oaks 2022).*** We look forward to an installation sometime in the late spring. Thank you for your help and if you have any questions, please - as always - do not hesitate to reach out to Susan or Kim.



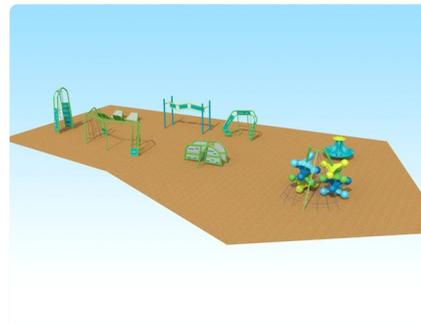
Lower Playground (also known as the K-3)

Lower playground has a climbing structure for the wooded area as well as a spinning struture and singular surfing, bouncing, pirouetting structures for singular play.



Funding of the K-8 Playspaces

The Playground will be funded through ESSER Funds PRC 181 - for the betterment of outdoor educational experiences that mitigate close contact and social distancing. ***We will also use funding generously raised through last years' FUND THE WONDER and EVENING UNDER THE OAKS.***



Upper Playground (also known as the 4-8)

Upper Playground plus volleyball and tetherball areas. This playspace also includes a soccer area and gaga ball pit.

What a Great Beginning to Cape Fear Center for Inquiry Vision 2026 - Mark Your Calendar 10/26 at 5:30 PM!

Thank you to all of the community members who joined us in September to begin the process of planning for our vision of what CFCI could look like in the next 3 years. So many great ideas were generated and we look forward to our next steps on Wednesday, October 26th. Please plan on attending if at all possible!

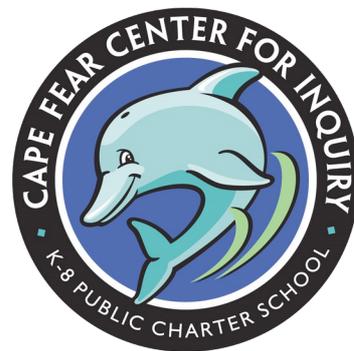
As a reminder:

To kick off our strategic planning for school years 2023-2026, we will be hosting three community sessions. These sessions are open to the public! We would love any available student, parent, community member, and staff member to attend and provide input on their hopes and wishes for the future of CFCI. Your ideas will help us craft our CFCI Vision 2026 Strategic Plan.

*You may attend any or all of the sessions that you are able to attend. The dates are as follows:
Wednesday, October 26, 2022 - 5:30 p.m. - 7:00 p.m.*

Thursday, December 1, 2022 - 5:30 p.m. - 7:00 p.m.

All meetings will be held in in-person at CFCI.



Please contact [Susan Graziano](#) or [Kim McCormick](#) with questions or ideas. Thank you!

We Need You!! Fill Out This Form if You Plan To Attend the 10/26 Session

CFCI Events Calendar

Follow the link and bookmark it so that you can keep up-to-date on events happening at CFCI. We We will add new events as they come up - we hope you like this additional feature to our website. Please direct questions/feedback to dkorb@cfc.net.

Student & Family Handbook

The Student and Family Handbook communicates the expectations, policies, procedures, and practices for our students and families. Please read with your student.

Chromebook Agreement

The Chromebook Agreement communicates the expectations and use of chromebooks for students and families. Pleaes read carefully.

Volunteer Interest Form

CFCI Organizational Chart 2022-23

Organizational Chart 22-23.pdf

Please click to download the organizational chart for the school.

[Download](#)

120.3 KB

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