

CFCI Community Update 9/16/22

Message from Co-Directors, Kim McCormick & Susan Graziano

Hello CFCI Families!

What a wonderful week this was at CFCI! Lots of learning and collaborating happening in the classrooms...take a look at some of that in the photos below!. Thank you to everyone who was able to attend our Curriculum Nights this week! The sessions were well attended and parents/guardians were able to hear a little of what goes on in the classrooms directly from the teachers. We received lots of positive feedback about the classrooms and beyond and we were so happy to have everyone be able to attend these in-person events.

This week we have the Board Meeting on Tuesday, 9/20 at 6pm. This is an in-person meeting and we invite you to attend. In addition, we want to make you aware of our Strategic Planning Community Meetings. We have three scheduled including the one coming up on Tuesday, September 27th at 5:30pm. We really hope that you will consider coming to one or more of the meetings so that we are able to have lots of ideas to help us plan for our future! Please take a moment to fill out the RSVP Link below so that we can anticipate seating etc. - We really hope you will join us!

Please make a note of the following:

1. Strategic Planning - Community Meeting # 1 - Please consider coming - we need your input!
2. Weekly Wellness - A new addition to the newsletter from our mental and physical health gurus, Olivia and Jenn!
3. Attendance Auto-Alert
4. Partnership - Family Picnic! 9/22 at 5:30pm
5. Morning Meeting
6. 4th Grade Million Dollar Miles
7. 8th Grade Transformations - Reflection Exploration
8. 5th Grade Exploration of Water on Earth

We hope you have a great weekend! And look forward to seeing you next week!

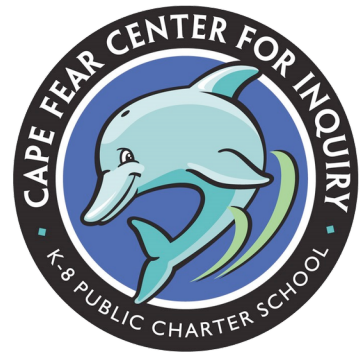
Kim & Susan - Co-Directors

Lisa, Ben P, & Kelly - Coordinators

Debra & Ben R - Front Office

We Hope You Can Attend! Cape Fear Center for Inquiry Vision 2026 - Help Us Plan for Our Future!

To kick off our strategic planning for school years 2023-2026, we will be hosting three community sessions. These sessions are open to the public! We would love any available student, parent, community member, and staff member to attend and provide input on their hopes and wishes for the future of CFCI. Your ideas will help us craft our CFCI Vision 2026 Strategic Plan.



You may attend any or all of the sessions that you are able to attend. The dates are as follows:

Tuesday, September 27, 2022 - 5:30 p.m. - 7:00 p.m.

Wednesday, October 26, 2022 - 5:30 p.m. - 7:00 p.m.

Thursday, December 1, 2022 - 5:30 p.m. - 7:00 p.m.

All meetings will be held in our Multipurpose Room.

We hope to see you there!

We Need You!! Fill Out This Form if You Plan To Attend the 9/27 Planning Session

ATTENDANCE - AUTO ALERT

With dual purpose of providing added safety and ensuring that your student's attendance records are accurate, CFCI will begin using an auto attendance alert system beginning on Tuesday, September 20th.

If a student is not in attendance and the reason is Absent-Unexcused, Parent/Guardians will receive an email message (through Swiftreach) at 10:00 am that reads:

Good morning. You are receiving this message because your child at Cape Fear Center for Inquiry was marked as "Absent - Unexcused" for today. If you feel that this was done in error, please contact the Front Office at frontoffice@cfc.net or 910-362-0000.

If you have any questions or concerns, please do not hesitate to reach out to the Front Office or the Leadership Team. Thank you for your support and cooperation regarding attendance and the safety of our students.

Partnership News

The Partnership is in the process of organizing events and fundraisers for the year. This week we will be hosting a Family Picnic on Thursday, 9/22 from 5:30-7 at the school. Bring dinner for you and your family and the Partnership will provide some dessert and drinks. So fun and so yummy!

If you have any questions or ideas, please reach out at partnership@cfci.net.



**CFCI
FAMILY
PICNIC**

**THURSDAY, SEPT. 22
5:30-7:00 PM**

THERE WILL BE FUN **GAMES** & CFCI
TSHIRTS WILL BE AVAILABLE FOR
PURCHASE. **WE HOPE TO SEE YOU THERE!**

 **BRING DINNER & WE WILL
PROVIDE DRINKS & DESSERT. YUM!**

Weekly Wellness

We are Olivia and Jenn, your Weekly Wellness duo! Each week, we will give you tips and tricks on keeping our students healthy, safe, and happy!

My name is Olivia Horne, and I am the School Counselor at CFCI! I can support your child with managing anxiety at school, handling conflict with friends, learning coping skills, building self-esteem, handling changes at home...and so much more! You can reach me at ohorne@cfci.net or at 910-362-0000 ext 202. I'm looking forward to working with ALL of our students at CFCI!



Hi! My name is Jennifer Ripa and I am your school nurse. I'm looking forward to supporting our students with their health and wellness this school year. My role includes helping manage student's health related needs while at school supporting health and wellness education for students and staff and being available for student needs as they arise. You can contact me via email at jripa@cfci.net or phone at 910-362-0000 ext 207.

Back to School Anxiety.

Going back to school can be really exciting, but it can also cause a lot of worry for some students. Signs of anxiety look different depending on a child's age. Young children might refuse to go to school, become irritable or clingy, wake in the middle of the night, or have digestive issues. Older children might report feeling sick, find it hard to concentrate, have angry outbursts, or withdraw from family and friends.

Here's some resources that might be helpful to use at home if you suspect your children may be feeling anxious:

- “What to Do When You Worry Too Much: A Kid’s Guide to Overcoming Anxiety” by Dawn Huebner, Ph.D. This is a great interactive workbook to use at home.
- Calm and Connected Podcast by Janine Halloran, LMHC. Listen on Spotify or Apple Podcasts.
- “Ruby Finds a Worry” by Tom Percival. Cute picture book recommended for ages 4-7.

Morning Meeting

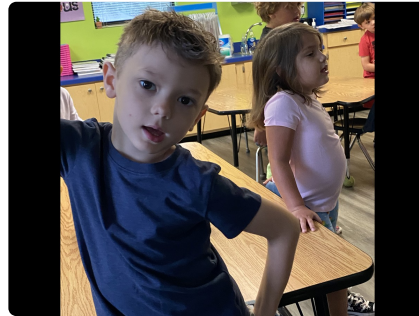
4 Elements of Morning Meetings

Responsive Classroom is our teaching framework that improves school culture through evidence-based practices, created morning meetings. Just like the name suggests, morning meetings take place at the start of the school day. Teachers allocate the first 20 minutes of class for constructive conversations and preparing students for the day ahead. During this time students are building and practicing many important skills that are needed for academic success.

There are four basic components to morning meetings:

- Greetings, where teachers and students welcome each other
- Time for engaged sharing, where students and teachers share about something in their lives; the rest of the group practices active listening and asks follow-up questions
- Activities that promote teamwork and give students additional time to practice social and emotional skills
- A morning message, which is a short note from the teacher that explains the day's events and objectives

Take a look at the photos below and see if you can identify which component matches each photo.



Million Dollar Miles - A 4th Grade Inquiry Into Large Numbers & Measurement

According to the Endowment for Human Development, "Whether describing the vastness of the stars or the microscopic intricacies of the human body, the need to use large numbers is often inevitable. When we consider the estimated 200,000,000,000 (200 billion) stars in the Milky Way Galaxy or the estimated 150,000,000,000 (150 billion) galaxies in the universe or the estimated 100,000,000,000,000 (100 trillion) cells in the adult human body, we are forced to use numbers so large we cannot comprehend their meaning."

Using their imaginations to place some of these large numbers in perspective, students used money as a tool to illustrate the magnitude of large numbers. Lining up 1 million dollar bills, (in theory), our students were able to think of money and large numbers in a new way.

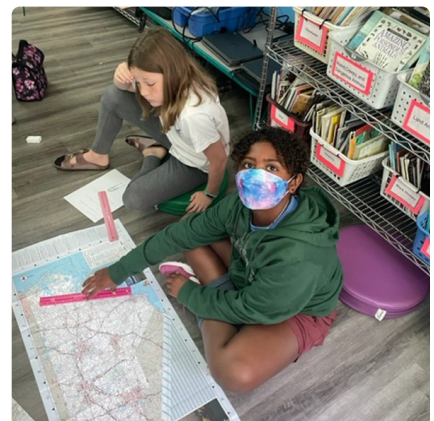


How far will we go?

Students in 4th grade completed an inquiry investigation on how long a million dollars is! They were given a dollar bill and a ruler.



Money, Money, Money,.....Money!!!



Multiplying, converting, calculating...oh the places we will go!

Working in teams they were asked to calculate the distance of one million dollar bills and convert measurements into reasonable traveling units.

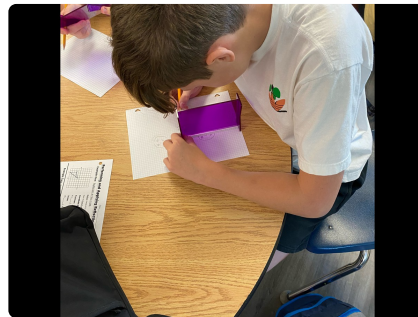
They started with inches of one dollar bill, multiplied it by a million, converted it to feet, then finally into miles. Once they had their final calculation, about 95 miles, they used NC road maps to identify places/cities they could travel in a million dollar miles!

Transformations - Reflection Exploration

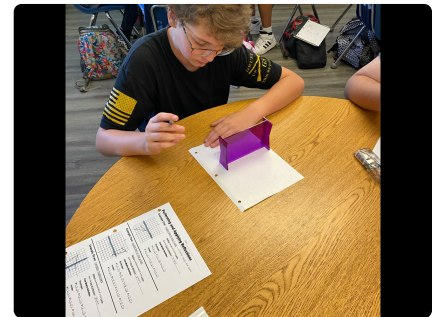
The 8th Grade explored rigid transformations using the geo mirrors.



Reflections in geometry have some of the same properties of a reflection you observe when looking into a mirror.



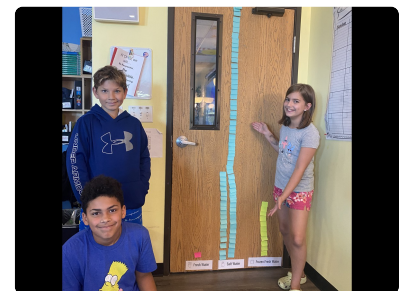
What is the "image" of a transformation? What are rigid transformations? Which transformations are not rigid?



In this activity, students investigated the properties of reflections that make a reflection the "mirror image" of the original.

Fifth Grade Exploration of Water on Earth!

We were exploring water on earth this week! This was a graph we made comparing the different types of water: salt water, fresh water, and frozen fresh water! We learned that the majority of water on Earth is salt water. This was a great way for kids to practice analyzing data and learning about earth systems and structures!



Arrival and Dismissal Update!

Thank you to everyone for your cooperation and patience as we begin the school year and take time to analyze our traffic procedures. We are asking that you take a few minutes to look over the updated arrival and dismissal protocols. In the next two weeks we will begin our Safety Patrol - Middle Grades Students who volunteer to help with morning arrival. This should help with getting our littlest ones out of the car and make for a smoother transition. We appreciate everyone's help

in ensuring our #1 Goal: The safe arrival and dismissal of our students! If you have any questions or concerns, please do not hesitate to reach out to Ben Pierce or Ben Rose. Thank you in advance.

Arrival

- Please try to arrive between 7:45am and 8am. We put the late sign out at 8:05. If you arrive after 8:05am, you must park, and come into the office to sign your children in. They are considered TARDY at this point.
- Please pull all the way up in the line - do not leave gaps between cars.
- Please have your child ready to get out on the sidewalk side only.
- If your child needs additional assistance, please let one of the adults on duty know and they will assist. Please do not get out of your vehicle as it stops the flow of traffic for others and can be dangerous.
- If your child is having difficulty leaving the vehicle, please pull all the way up so that it does not impeded the arrival of other cars.
- Once you arrive at the sidewalk, please have your child get out - do not wait and then pull up closer so that your child does not have to walk as far. This takes twice as much time and impedes our ability to get everyone out safely and efficiently.

Dismissal

Lower Lot Dismissal

- Please have your car seats arranged so that children can get in from the sidewalk side.
- Please do not get out of your car. Cars sometimes pass on the left and it makes for a dangerous situation.
- Please be patient and do not drive around other cars if at all possible. The flow of traffic is important.
- If your child requires a second call, we will ask that you pull down to Wonder Way and wait for them to be escorted down to you by an adult.
- If your student forgets something, please go down to Wonder Way and wait for them. Determine if what they are missing is necessary or can wait until tomorrow.

Please let anyone who is picking your child up know what the procedures are for arrival and dismissal. Thank you for your help and cooperation with our procedures. We know that drop off and pick up can be trying and we appreciate your support.

NEW on our CFCI website - a MONTHLY SCHOOL CALENDAR

Follow the link and bookmark it so that you can keep up-to-date on all the events happening at CFCI. We will be adding new events as they come up - we hope you like this additional feature to our website. Please direct questions/feedback to Debra Korb at dkorb@cfc.net.

CFCI Events Calendar

out all of the forms below.

Student & Family Handbook

The Student and Family Handbook communicates the expectations, policies, procedures, and practices for our students and families. Please read with your student and fill out the student/family handbook acknowledgement form (below).

Student & Family Handbook Acknowledgment Form - Please Sign

Chromebook Agreement

A COPY OF THE CHROMEBOOK AGREEMENT MUST BE SUBMITTED BY THE PARENT OF ALL 4th-8TH GRADE STUDENTS EACH SCHOOL YEAR.

Chromebook Agreement - 4th-8th Grade Students & Parents/Guardians - Please Sign

Class Directory Opt In Form

Volunteer Interest Form - PLEASE FILL OUT

CFCI Organizational Chart 2022-23

Organizational Chart 22-23.pdf

Please click to download the organizational chart for the school.

[Download](#)

120.3 KB

Susan Graziano, Director of Operations

Email: sgraziano@cfci.net

Phone: [910-362-0000](tel:910-362-0000)

Kim McCormick, Director of Education

Email: kmccormick@cfci.net

Phone: [508-667-1085](tel:508-667-1085)

Cape Fear Center for Inquiry

2525 Wonder Way

Wilmington, NC 28401

910-362-0000



Cape Fear Center for Inquiry

Cultivating Curiosity since 2000....