

DATES TO REMEMBER:

5/1: Make Up Pictures

5/2-5/5: 5th Grade to
Williamsburg

5/7-5/11: Teacher
Appreciation Week

5/8: 3:30- Develop-
ment and L3

5/10: Bird Festival!!
4:30-7:00pm

5/14: 3:30- Finance

5/14: 6:15pm- PCN
Meeting

5/15: 6:00pm- Board
Meeting

5/17: FIELD DAY!

5/18: 8th Grade For-
mal

5/21: Volunteer Break-
fast 8:30am

5/22: Spring Band
Concert- 6:00pm

5/24: 1st Grade to
Masonboro

5/25: 5th Grade Sci-
ence EOG

5/28: Holiday- No
School

5/29: 8th Grade Sci-
ence EOG

5/31: 3rd-8th ELA
EOG

6/1: 3rd-8th Math
EOG

6/4: Math I EOC,
Spanish I EOC, make
up EOGs

6/7- 8th Grade Com-
mencement-

6/8: LAST DAY- 10am
- 8th Grade Walk-thru

Wrapping up the 17-18 Year!

WRAPPING UP 17-18

MAY 1, 2018

Join us for Bird Fest 2018: Flocking to Inquiry!

Please mark your calendars to join us for on **Thursday, May 10th from 4:30-7:00pm**. Come experience inquiry firsthand and learn about our feathered friends!

There will be food, crafts, games, displays, a scavenger hunt, a silent auction and more!



Attention everyone! Join us for **Beauty and the Beast**, June 1st and 2nd at 6:00pm. See our Trimester 3 Musical Theater students perform, experience our new lights, stage and sound system obtained through an amazing GE Grant focusing on STEAM integration! We are having a set building, sound and light hands on training and need YOU! This will be from 9am-noon on Saturday May 12th! Email Mr. Rose if you can help at wrose@cfci.net.





Join us for our
annual
Volunteer
Breakfast!
This is one
way that we
say THANK
YOU to YOU!
We could not
do what we
do here at
CFCI without
your support
and HELP!
Please RSVP
to: <https://goo.gl/forms/xLqQ4Nu1MLSu8LTC2>
For Monday,
May 21st at
8:30am!

EOGs are just around the corner and we NEED you!

How can you help?

- ⇒ PROCTOR! We need proctors on all testing days, but especially May 31st and June 1st. Email Testing Coordinator, Christine Born if you can help!
- ⇒ **Dates Needed:** May 25, May 29, **May 31, June 1**, June 4
- ⇒ **Email Christine Born–** cborn@cfei.net **if you can help!**

How can you help your children come testing time?

- ⇒ Make sure they get plenty of **rest**
- ⇒ Have them eat a yummy **breakfast** with protein, not sugar. If you need help with breakfast, please let us know, we will make sure they have something filling!
- ⇒ **Encourage, but don't pester.** No matter how hard we try, they are already thinking about it, just encourage them to do well, but remember it is one test. Do their best and try not to stress!
- ⇒ Do something **fun** and **ACTIVE** after school the days before testing to help them rest well.
- ⇒ **Relax...**they sense our tension...just relax and **be positive.** You often the first face they see in the morning, so you will set the tone for their day.

Congratulations 8th Graders!

Congratulations to Jane Townend, Brenna and Hanna Haynes, Kacili Hessenflow, and Eleanor Meinhold who competed in the state competition of National History Day. They all worked incredibly hard and had impressive projects. Kaeli and Eleanor were awarded a special prize for best World War II project and had their photo taken to be kept at the state archives.

National History Day (NHD) is a year-long history research project that teaches student critical thinking, writing, and research skills and boost performance across all subjects. According to <http://nhd.org>, "NHD students are historically better writers, who write with a purpose and real voice, and marshal solid evidence to support their point of view."



Teacher Appreciation Week

May 7-11, 2018

We invite all students and parents to show extra gratitude to our teachers and staff during Teacher Appreciation Week. Participation is optional and treats do not need to be expensive.

MONDAY Write a note or draw a picture to say thank you!

TUESDAY Bring a bloom from your yard and a big smile!

WEDNESDAY Thank your specials teachers!
Bring a treat or a note to celebrate!

THURSDAY Wear green and bring a great attitude!
Join us for Bird Fest at school from 4:30 til 7.



FRIDAY Sweet treats and sweet words.
Bring a sweet treat for your teachers (fruit, candy, baked goods).

In addition, the Partnership will provide breakfast for teachers and staff Monday morning. Lunch is planned for Thursday.

See you at Bird Fest 2018!



5th Graders Study

Forces and Motion

As our 5th graders prepare to leave for Williamsburg for their BIG 5th grade trip this week, they have also begun preparing to wrap up a unit on Forces and Motion. Here you can see Ms. LaFleur's class testing ramp angles, speed, calculating distance and discussing variables that impact the movement of the balls on the ramps. The students (and teachers!) are excited to wrap up the unit with a program at Busch Gardens on Friday!



Have you purchased your picket???

The pickets for the K-3 playground are going fast! If you previously reserved a picket, payment is now due. Pickets are \$10 each. Ms. Rene will hold your picket until May 7th, after that date she will sell them on a first come, first serve basis.

Information about decorating pickets will be coming later this week!

EMAIL MS. RENE AT RENE@CFCL.NET FOR QUESTIONS AND PURCHASES!



Reduce Waste by Starting Simple: BIG 4

In our last PCN meeting, we began talking about the amount of waste that is noticeable at times around campus and wanted to start providing some tips to help. **Elaine Jack** has kindly provided information about these **FOUR** simple ideas. Pick **ONE** and challenge your family to try it!

These four items are easy to avoid and make-up a huge portion of waste in landfills and the ocean. All of these swaps are convenience items that are *easy* to avoid, and I'll show you how.

1. plastic bags

The U.S. uses 100 billion plastic shopping bags each year, and it takes 12 million barrels of oil to make them. Bringing your own bags to the grocery store is pretty no brainer, but the tricky part is actually remembering them. My suggestion is leave the reusable bags in your car. You can use anything to carry groceries, cloth bags, any store's bag they promote, a box, or cooler....



If you are empty handed, then choose paper bags. If you forget your bags try and think through your patterns.

Are there certain days you tend to go to the grocery store?

Do you get groceries on foot? There are bags that attach to your key chain that expand or use a backpack.

Could you keep bags in your trunk? Just get in the habit of putting them back in your trunk after you take them out.

If you forget, you can always ask for a box from the store room.

- Harris Teeter collects used plastic bags from any store. They are sent out to be repurposed as decking material.

⇒ Where is there a ban on plastic bags? <http://www.bagtheban.com/in-your-state>



2. reusable water bottle:

Plastic water bottles are great for times of crisis. They're not so great if you have access to clean drinking water.

50 Billion plastic water bottles are consumed and disposed of each year and many of these water bottles are not recycled.

Plastic in the ocean is piling up. 8 million tons of plastic is dumped in the ocean annually. We have to move away from this disposable, convenience based culture we've created.



My favorite reusable bottles are glass and stainless steel because they both have 100% recycle rate without loss of quality.

Water bottles are a money maker for ExxonMobile: https://www.huffingtonpost.com/entry/how-plastic-bottles-benefit-exxonmobil_us_58c18ed9e4b070e55af9ec62

*Bed Bath & Beyond sells a variety and they have tons of coupons - <https://www.bedbathandbeyond.com/store/s/reusable-straws>

3. straws

Say **no** to single-use plastic straws!

When you're out at a restau-



rant or bar ask for no straw in your drink order. If you like straws or drink a lot of smoothies that are difficult to drink from the rim of the glass go for a reusable straw.

There are a lot of different types of reusable straws:

bamboo, glass, stainless steel and silicone (that bend!).

Straws- <https://www.npr.org/sections/thetwo-way/2018/04/19/603936455/to-curb-ocean-pollution-u-k-may-ban-plastic-straws-stirrers-and-cotton-swabs>
<http://mon-ey.cnn.com/2018/02/23/news/plastic-straws-bans-companies/index.html>



4. to-go coffee

For grab your coffee to-go, think about brining along a thermos or reusable insulated bottle*. A lot of coffee shops give you a discount for BYO.

*Double insulated keeps hot drinks hot and cold drinks cold. This way, you can grab a hot coffee or an iced coffee while out.

If you're empty handed without your reusable cup, opt for a paper based cup over Styrofoam. The paper will biodegrade but the Styrofoam will not.

K and 4th Grade Buddies Clean Up the Campus!

Ms. Shannon's Kindergarten students and Mr. Donley's 4th grade students are buddies this year! In celebration of Earth Day, the group got together and divided and conquered to do an AWESOME clean up of our campus! CFCI is so thankful for the relationships our students and teachers build with one another that not only emphasize service learning like this, but that teach students to collaborate and build the desire to WANT to give back to their community!

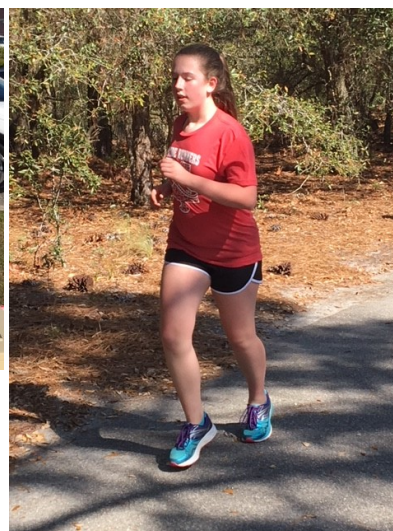


Riptide Runners take on Wilmington!

Our Riptide Running team has been BUSY throughout the month of April. First of all, THANK YOU so much to everyone who volunteered to coach, drive, and supported this amazing group of students and volunteers as they persevered through training for a 5K. We had a wide variety of runners this year ranging from brand new runners to future Olympians!

We are so thankful to Mike Rheel for helping make sure that this team came together once again. As many of you know, Mr. Rheel is leaving us next year to move into a new business. His contributions to CFCI have been invaluable and to say we will miss him is a gross understatement. Thank you Mr. Rheel for all you have done for CFCI!

Some highlights: We trained two days a week from February through the end of April. We took a field trip to Halyburton Park to run in that space and experience what the 5K would be similar to. The team volunteered with Wilmington's Miracle League which was an AMAZING experience for students and adults. Lastly, we were the LARGEST team once again for the 2018 NC Coastal NC Run/Walk for Autism on April 28th! See highlights below!



UTOTES PD wraps up for the year!



Mr. D. looks closely at carnivorous plants!

Sixteen faculty members at CFCI had the amazing opportunity to participate in

UTOTES as on-going professional development this year.

We learned SO much about our campus and how to use the spaces here at CFCI to teach science and integrate

other subjects. We are so excited to see how our campus grows and changes as we

put our knowledge to use! Check out some of our pictures from Holly Shelter Game-land where we spent Friday the 27th investigating plant life there with a specific focus on carnivorous plants in their natural state! It was amazing!



Ben David talks with 6-8 students

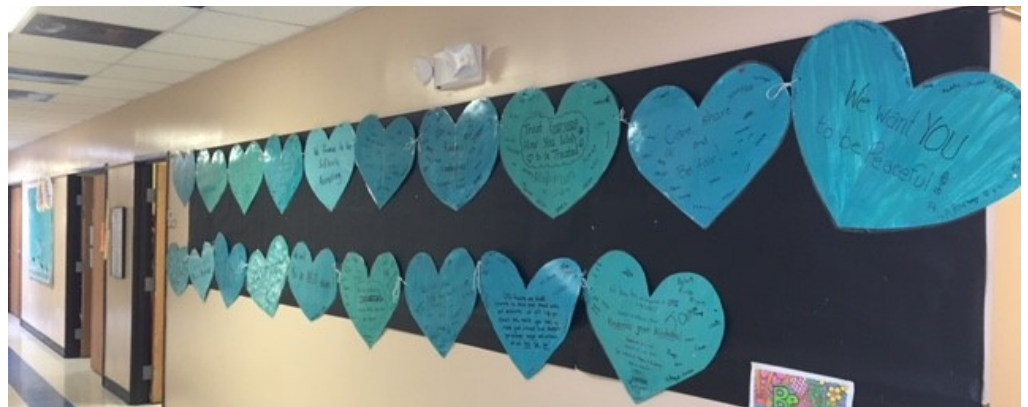
On April 17th, District Attorney Ben David joined our Middle Grades students and many faculty members to talk with them about some of the opportunities and challenges that are ahead of them. He shared some personal insight into his growth and drive as a child and having the support of his par-



ents. He acknowledged how lucky our students are to have such wonderfully supportive and involved families. He talked about making good choices and how our choices follow us.

He spoke about forgiveness for ourselves and others when bad choices are made. He really drove home the idea of talking together with parents to come up with a safety plan should children find themselves in a situation that they need help getting out of. As always, our students were very respectful and had great questions! Thank you for joining us at CFCI, Mr. David!

"You will never regret being kind."



Spirit Week was a HUGE Success!

The staff AND students at CFCI enjoyed a week of fun last week! We had quite a bit of humor from drop off to pick up as everyone showed their school spirit by dressing up for the themed days. Thank you to the Middle School Leadership Club for helping make sure that this week not only happened, but that it was a big success!

CFCI SPIRIT WEEK

WHEN
Monday April 23rd– Thursday April 26th

WHERE
All day on our CFCI Campus

WANT TO MISS THIS! JOIN THE CFCI MIDDLE GRADES IP CLUB IN A WEEK OF FUN AND TOGETHERNESS (HUMOR AND INVOLVEMENT!)

/CFCI.NET/SPIRIT-WEEK-APRIL-TH-AT-CFCI/

DON'T MISS A DAY!

MONDAY: BLAST FROM THE PAST DAY
Dress in the style of your favorite decade! Think outside the box!

TUESDAY: TACKY TOURIST
Tourist season is here! Get your binoculars, your sunblock, your best safari hat and let's go check out the sites!

WEDNESDAY: WACKY TACKY DAY!
Think clothing, shoes, sock, hair...all of it! Bring on the wackiest, tackiest look you can!

THURSDAY: TEAM LOVE/ HAT DAY
Showcase your favorite sports teams and your favorite hat on this day! Two in one!

